



Watlington Community Primary School
Rectory Lane
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King's Lynn
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PE33 0HU

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Headteacher: Mrs C Chapman, BSc, MSc, PGCE, NPQH

11th December 2023

Dear Parents and Carers,

There has been a case of Threadworm reported in school. For more information, please visit: <http://www.nhs.uk/Conditions/Threadworms/Pages/Introduction.aspx>

If you or your child has a threadworm infection, it is not necessary to stay off school. You can buy medication from a pharmacy to treat the infection, so please consult your local pharmacist. However, it's important to inform the school so we can take steps to limit the spread of infection.

Hygiene measures

Strict hygiene measures can help clear up a threadworm infection and reduce the likelihood of re-infection. The life span of threadworms is approximately six weeks, so it's important that the hygiene methods are followed for at least this long. Everyone in the household must follow the advice outlined below

- Wash all night clothes, bed linen, towels and soft toys when you are first diagnosed. This can be done at normal temperatures but make sure that the washing is well rinsed.
- Carefully clean the bathroom and kitchen by damp-dusting surfaces and washing the cloth frequently in hot water. This should be repeated regularly.
- Avoid shaking any material that may be contaminated with eggs, such as clothing or bed sheets. This will help prevent eggs being transferred to other surfaces.
- Don't eat food in the bedroom, because you may end up swallowing eggs that have been shaken off the bedclothes.
- Keep your fingernails short. Encourage other members of your household to do the same.
- Discourage nail-biting and sucking fingers. In particular, make sure that children don't suck their thumb.
- Wash your hands frequently and scrub under your fingernails, particularly before eating, after going to the toilet and before and after changing your baby's nappy.
- Wear close-fitting underwear at night and change your underwear every morning.
- Bath or shower regularly, particularly first thing in the morning.
- Ensure that everyone in your household has their own face flannel and towel. Don't share towels.
- Keep toothbrushes in a closed cupboard and rinse them thoroughly before use.

Children can easily pick up another threadworm infection from friends at school or in public restrooms, so maintaining good hygiene may help prevent re-infection.



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We will deep clean our shared toilets and ask anyone who reports a threadworm infection to use a separate toilet which will also be deep cleaned daily.

Many thanks for your cooperation.

Best wishes,

Claire Chapman

Headteacher